



Exploring wild himalayan rivers

SPRING 2024 DEPARTURE DATES

The beautiful Himalayan ranges shape an incredible variety of whitewater challenges for paddlers and thus, a series of the world's most outstanding river journeys are found here. Listed below are some that we run on a regular basis. If these dates don't fit in, design a journey of your own and contact us for expert support and precise data. A professional approach and whitewater expertise are what sets Ultimate Descents Nepal's guides and staff in a category of their own. 'Ultimate Descents Nepal' is the only company to have all guides that meet the highest safety standards with required certificates in SRT, Wilderness First Aid, AR and CPR.

Don't be deceived, on Nepal's rivers it is actually a lot warmer than KTM due to sunshine of lower elevation, so enjoy the

100% ADRENALINE RUSH: BHOTE KOSHI/CANYONING DAY RAFTING & CANYONING USD\$140

Note: Cost of Day Rafting USD 70
Cost of Canyoning is USD 70

This is Nepal's steepest action packed rafting trip. If you have limited time or just the desire for an adrenaline overload, this is the river for you. Our put-in point is at the Borderlands Resort, conveniently located at the highest possible raft launch on the river and is the base for activities such as Canyoning, Trekking, Climbing and Mountain Biking all around the Tibetan border. The resort has spacious safari tents, toilets and a massive dining hall with a well stocked bar. The Resort provides all the indulges of home in a very exotic setting. A perfect compliment to your trip can be an extended stay at our Resort which is also the pioneer of Canyoning in Nepal.

01 Feb-02 Feb	20 Feb-21 Feb	11 Mar-12 Mar	29 Mar-30 Mar	17 Apr-18 Apr	06 May-07 May
04 Feb-05 Feb	22 Feb-23 Feb	13 Mar-14 Mar	01 Apr-02 Apr	19 Apr-20 Apr	08 May-09 May
06 Feb-07 Feb	25 Feb-26 Feb	15 Mar -16 Mar	03 Apr-04 Apr	22 Apr-23 Apr	10 May-11 May
08 Feb-09 Feb	27 Feb-28 Feb	18 Mar-19 Mar	05 Apr-06 Apr	24 Apr-25 Apr	13 May-14 May
11 Feb-12 Feb	01 Mar-02 Mar	20 Mar-21 Mar	08 Apr-09 Apr	26 Apr-27 Apr	15 May-16 May
13 Feb-14 Feb	04 Mar-05 Mar	22 Mar-23 Mar	10 Apr-11 Ap	29 Apr-30 Apr	17 May-18 May
15 Feb-16 Feb	06 Mar-07 Mar	25 Mar-26 Mar	12 Apr-13 Apr	01 May-02 May	20 May-21 May
18 Feb-19 Feb	08 Mar-09 Mar	27 Mar-28 Mar	15 Apr-16 Apr	03 May-04 May	22 May-23 May

Escape from Kathmandu with a trip to Borderlands Resort ~ Every Weekend !!

During high flows, when the upper section is not runnable, we offer the lower section below the dam which is always exciting in high flows.

LOWER SETI KAYAK CLINIC EVERY THURSDAY 4 Days CLASS III-IV US\$ 320

With the support and guidance of our internationally certified instructors, we can make your introduction to kayaking enjoyable and positive. The thrill and gratification of learning to Kayak in the Himalayas is a great start to Kayaking.

08 Feb-12 Feb	07Mar -10 Mar	29 M-01 Apr	18Apr-21 Apr	09 May-12 May	30 May-02 June
15 Feb-18 Feb	14 Mar-17 Mar	04Apr -07 Apr	25 Apr-28 Apr	16 May-19 May	06 June-09 June
22 Feb-25 Feb					

TRISHULI EVERY DAY DEPARTURE 2 Days CLASS III-IV US\$ 140

Note: Cost of Day Rafting USD 60

Conveniently located along the Prithivi Highway, 70 km from Kathmandu and within close proximity to the Manakamana Cable Car station, our Trishuli beach camp provides tented accommodation on twin sharing basis with the modern day comfort of deluxe camping.

THE RIVER OF GOLD: SUNKOSHI 6 / 9 DAYS CLASS III-IV (+) US\$ 540/810

The warm waters of Sunkoshi surge for 270kms between the roads. The river has whipped foamy water where narrow canyons constrict the river flow and the cataracts are long and powerful. There are dozens of adrenaline pumping rapids and miles of calmer water to reflect

01 March-06 March	22 March-27 March	12 April- 17April	03 May - 08 May	24 May- 29 May	07 Jun - 12 Jun
08 March-13 March	29 March- 03 April	19 April- 24 April	10 May -15 May	31 May - 05 Jun	14 Jun - 19 Jun
15 March-20 March	02 April - 07April	26 April- 01 May	17 May - 22 May		



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Nepal River Conservation Trust (www.nepalrivers.org.np) hosts the annual river festival in the month of February & March (27th Feb - 1st Mar). A festival of its own kind, it is a 3-day fun Rafting and Kayaking event. The main reason behind organizing this festival is to raise fund to save Nepal's fragile river ecology and generate awareness among the people. All the profit made from this festival goes to Nepal River Conservation Trust.

THE WESTERN BLEND: KARNALI

10 DAYS CLASS III-V (-) US\$ 1055

The Karnali, Nepal's mightiest river, descends through the Himalayas in a series of magnificent gorges. Seasonal snow melts and storms can cause the river level to swell drastically, creating the extremes of whitewater rafting. Expect exceptionally big volume rafting through jungles inhabited by nomads traditionally known as the 'Routes', deserted beaches and small villages.

11 Mar-20 Mar	26 Mar-04 Apr	26 Apr-03 May
07 Apr-16 Apr		05 May-14 May

FISHING TRIP: WEST SETI (BHERI)

6 DAYS CLASS III-V (-) US\$ 600

Multi day fishing trips include trips to West Seti/Bheri, rivers of the Western Nepal. These untouched and pristine rivers offer variety of fishes a long class II and III of rafting rapids. The abundance of fish in these rivers is incomparable.

07 Mar-20 Mar	26 Mar-04 Apr	08 Apr-17 Apr	24 Apr-29 Apr
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KAYAK CLINICS: SUNKOSHI (BEACH CAMP)

4 DAYS CLASS II-III US\$ 320

Note: Cost of 2 days Kayak Clinic USD 140

With the support and guidance of our internationally certified instructors, we can make your introduction to kayaking enjoyable and positive.

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SETI RIVER:FAMILY TRIP

EVERY SATURDAY

2 DAYS (POKHARA Xtra) CLASS II-III US\$ 140

It is truly a great fun trip perfectly designed for you to get along with your near and dear ones on the raft. The floating crystal blue water gives you ample opportunity to swim on the flat water. At the same time, you will be accompanied by learner kayakers and instructors

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JEWEL OF THE EAST:TAMUR

12 DAYS CLASS III-V (-) US\$ 1200

This newly opened river in the eastern part of Nepal is an excellent combination of one of the best short Himalayan treks, amazing mountain views of the eastern Himalayan ranges including Mt. Kanchanjunga and Mt. Makalu and exhilarating river expedition.

07 Mar-18 Mar	28 Mar-08 Apr	12 Apr-23 Apr	27 Apr-08 May	12 May-23 May
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THE RAGING RIVER:MARSHYANGDI

EVERY THURSDAY

2 DAYS CLASS IV-V US\$ 150

Marshyangdi is called the 'Raging River' in the local dialect and this aptly describes one of the best whitewater runs in the world. Children play excitedly as we pass, snow-capped Himalayan giants surround us and the champagne river churns and bubbles below. Few rivers rival Marshyangdi in terms of exhilarating whitewater and sustained sections of steep technical rafting test your teamwork.

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THE HOLY RIVER:KALI GANDAKI

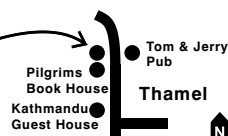
EVERY MONDAY & FRIDAY

3 DAYS (POKHARA Xtra) CLASS III-IV US\$ 220

Turbulent rapids intertwine with abrupt drops as we dodge our way down intricate chutes of sparkling water. Village terraces cling precariously to the slopes and surreal snow-capped peaks hang suspended above us as we drift through the world's deepest gorge.

Being one of the holiest rivers in Nepal, every junction of the Kali Gandaki is dotted with cremation sites and above ground burial mounds.

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One Dollar Project

Your small contribution can go a long way in this country. Contribute a dollar and claim your two dollar receipt. This is the initiative we have taken to conserve our wild Himalayan Rivers. The proceeds will go to Nepal River Conservation Trust (NRCT), an organization working for river



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